







#### Leading through change

- How to adapt and support your team?

Dr Dorottya Sallai Assistant Professorial Lecturer London School of Economics, Department of Management

September 2022



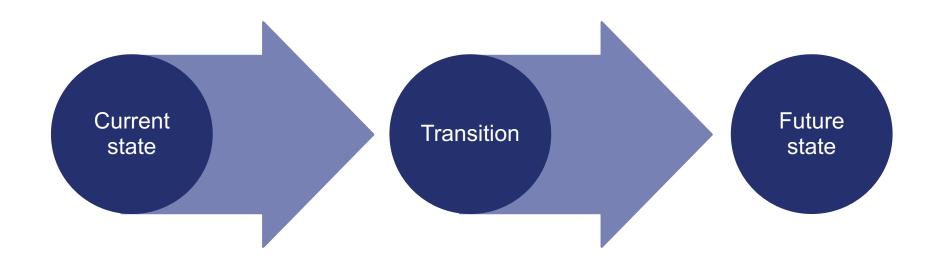
# 1. Please stand up.

2. Swap places with the person next to you.

3. Sit down.



# What is Change?





# Why bother?



Of surveyed employees experienced at least one organisational change in the last 3 years before the survey\*



Of surveyed employees experienced 5 or more organisational changes in the last 3 years before the survey\*



#### Key drivers of change today

Digital Revolution

- New Jobs New skill requirements
- Advance in IT solutions (AI, Cloud, Analytics, etc.)
- · New ways of working
- · Easy access to information and knowledge

Change of corporate culture and values



- Demand for environmental and societal responsibility
- Demand for purpose, work-life-balance
- Demand for employee involvement and voice

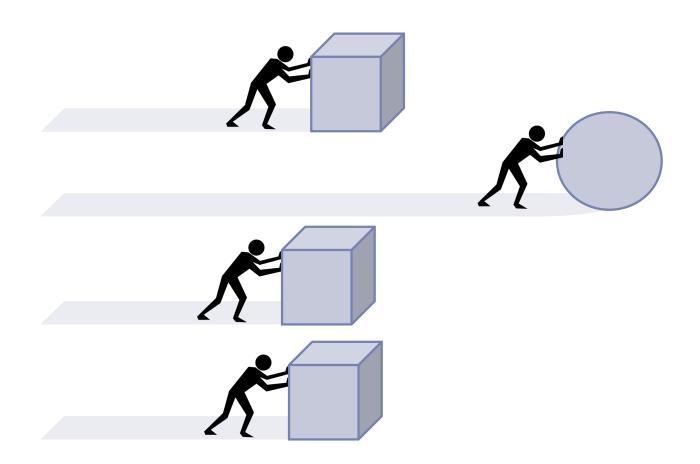
Change of business models

- Need for productive and flexible processes, agility
- Global networked economy and local responsiveness
- Need for continuous improvement and innovation

These trends lead to constant change and uncertainty in organizations



# Mastering change - Competitive advantage





#### Why people struggle with change\*?



Change or uncertainty

Threat response in our brain

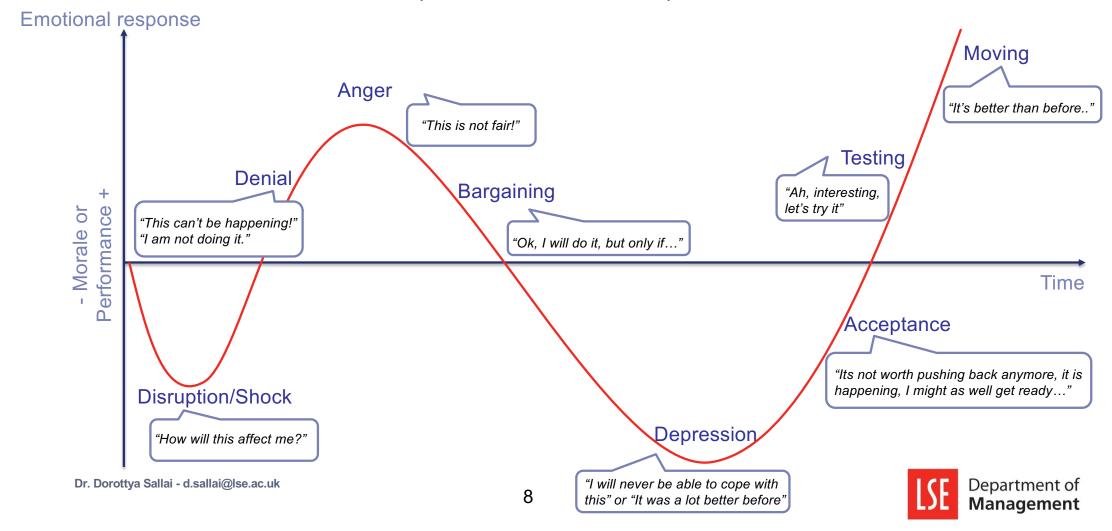
Distress, anxiety, fear, distraction Poor decisionmaking, emotional instability Poor performance, more conflict, less creativity

\*Scarlett, 2019

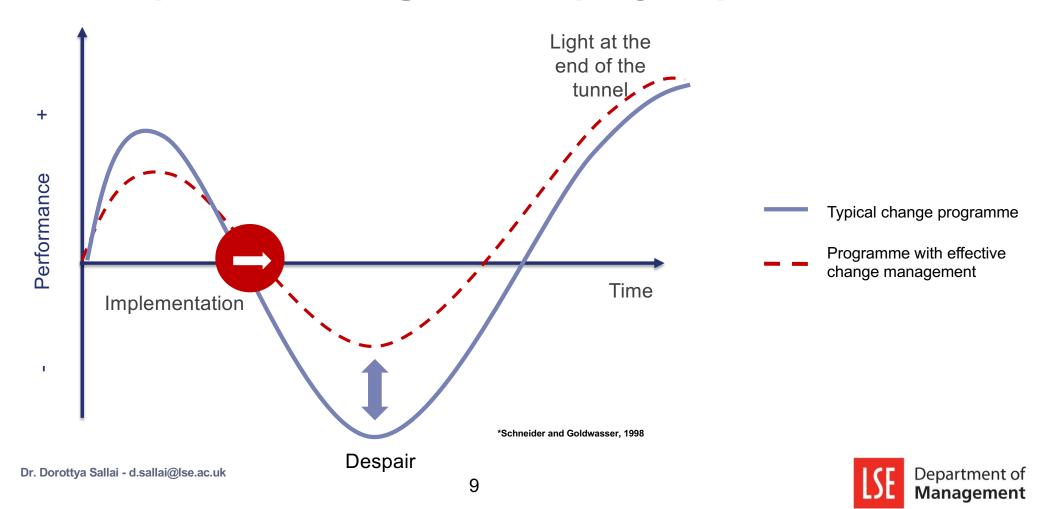


#### The change curve – the human side of change

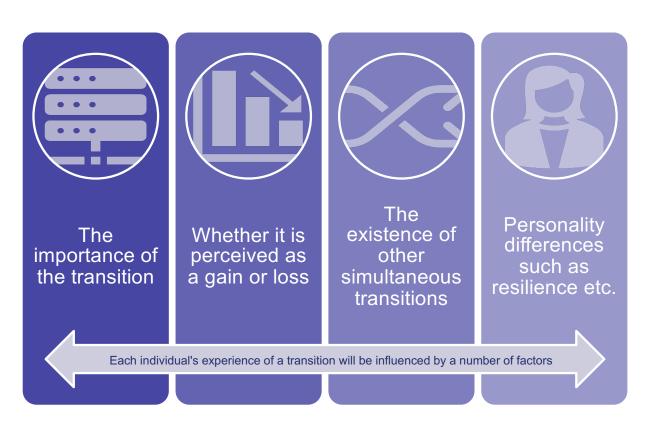
(based on Kübler-Ross, 1969)

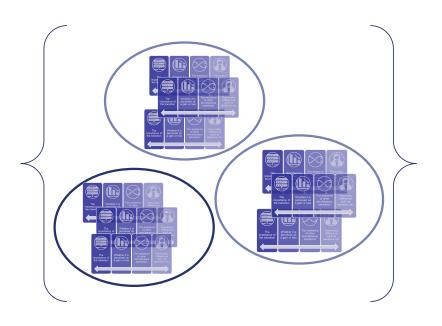


#### The impact of change on employee performance\*



# From Individual to Organisational change

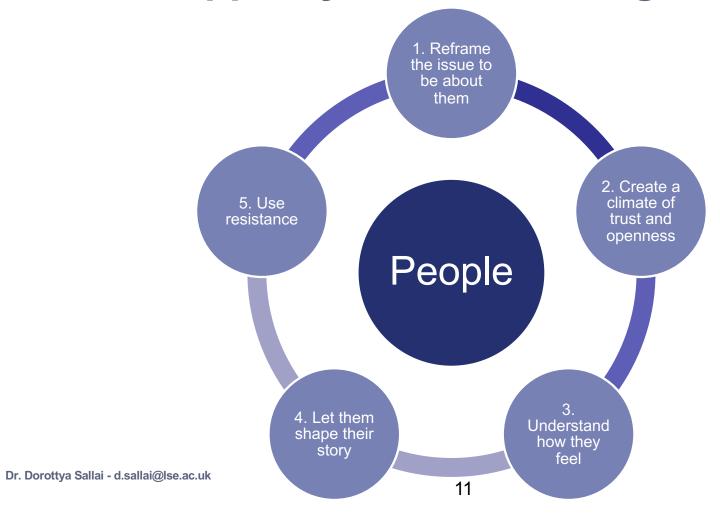




(Hayes, 2022)



# How to support your team through change?





# **THANK YOU!**

